



Hello \$FIRSTNAME\$,

Happy New Year! We hope you had a lovely Christmas and are now looking forward with anticipation to the year ahead. If your plans include any cycling, we'd love to help you explore Constable Country, Suffolk's Heritage Coast, or the Medieval Wool Towns along the Suffolk/Essex border. Confirm your holiday booking between now and 31st January to take advantage of our excellent Early Bird offers.

Wishing you a happy and healthy 2013,  
Paul and Sue

PS. If you need a reminder of just how beautiful Constable Country is in May, tune in to BBC1 at 3:00pm on Tuesday 15th January!

BOOK IN  
JANUARY...

### "Early Bird" Booking Discounts

Book any 2013 Coolpedals cycle touring holiday before Jan 31st to receive a **6% discount** on the standard total package price. Even better, we're offering a generous **12% discount** on all April and May holiday dates. To benefit from these great deals, plan your Spring Cycling Getaway soon!  
[Find out more »](#)



### Coolpedals on BBC1 - 15th January

It's been an awfully long wait since filming took place last May, but we're pleased to announce that the "Escape to the Country" episode which we contributed to, will air for the first time on Tuesday 15th January, 3:00pm, BBC1.

Tune in, or set your video recorder, but don't miss it!

[Find out more »](#)

VOTE FOR  
PAUL!

### A Personal Plea for a great cause...

Paul is campaigning to raise £25,000 for improved diagnosis and treatment of Pancreatic Cancer and MS, via a big charity mountain walk in June. Your online vote could help him win a place on a Gore-Tex sponsored training expedition in March, and obtain valuable national media coverage for the campaign.

[Vote for Paul »](#)

[Visit Paul's fundraising website >>](#)