



Hello \$FIRSTNAME\$,

The Olympics are in full swing, hot on the heels of unprecedented British success in the Tour de France this year. It's been a great summer for armchair sports fans so far, and there's lots more Olympic action to keep us glued to the TV for a few days yet...come on Bradley Wiggins, Victoria Pendleton, Jessica Ennis, Mo Farah and the Brownlee brothers!

Once it's all over though, we'd love to see you here in Constable Country for a short autumn cycling break. Our Heritage Coast Tours have proved especially popular this year, and we're offering September/October discounts on these and other tours.

We wish you happy cycling in 2012,  
Paul and Sue

10% OFF  
ALL TOURS

### Autumn Special Offer Pricing

If you're able to take your cycling holiday between 15th September and 19th October inclusive, we're offering a 10% discount on all our Beginner, Leisure and Sporting Tours during this period.

[Find out more »](#)



### Spotlight on our Heritage Coast Tours

We've been delighted with the popularity of these tours this year, and the positive feedback from our customers. These tours offer wonderfully varied scenery and terrain: riverside trails, estuary paths, country lanes, forest tracks, open heathland, waterfront pubs, rural marinas, sandy beaches, and even a close up view of mighty Felixstowe Port.

[Find out more »](#)



### Coolpedals on the BBC this Autumn!

We spent a fun day filming with the BBC back in May, and are waiting with baited breath to see the finished results in a few weeks' time, in the Autumn series of "Escape To The Country". Two mad-keen cyclists were looking for a house in rural Essex, so we gave them a guided cycling tour of Constable Country to help whet their appetite for a move to this area.

[Find out more »](#)